

WENR

WENR Report 2009 *Respondents should answer all questions although it is understood that there may be no official register in some countries in relation to statistics etc. A skilled NNA estimation is better than no information. To be returned by October 2009 on file to Olga Bloemkolk o.bloemkolk@levv.nl*

Country: Estonia

Name of NNA: Estonia Nurses Union

NNA President: Ester Pruuden

WENR Representative: Ulla Raid

Please tick (✓) the correct response.

DEMOGRAPHICS

1. Total number of RNs working in full-time equivalent in your country in:

Public/National Health:

Private Health:

No specific datas.

Total number of RN=**11 022**

98,6 % female nurses versus 1,4 % of Male Nurses

in relation to total number of inhabitants country: how many nurses per 100.000 inhabitants: 822*

** We don't know the precise number of actively working nurses*

2. Number of years studying for RN qualification

2 years

3 years

4 years

✓ other (3,5 – 4,5 years)

If possible more precise: number of months or credits: 1 credit = 25 student work hours
– lectures, clinical placements, etc see EU 4600 total hours:

GENERAL NURSE

Nurse training lasts for 3.5 years (210 ECTS) and ends with the defence of the diploma paper or a complex examination related to the speciality.

The curriculum contains the following:

- Nursing subjects 63 ECTS – basics of nursing, nursing theories, healthy human, nursing care in patients with various diseases etc
- Basic subjects 25.5 ECTS – anatomy-physiology, pharmacology, diagnostics etc
- Social subjects 13.5 ECTS – psychology, public health, pedagogy, management
- Supporting subjects 12 ECTS – Latin language, philosophy, research methods
- Selective and elective subjects 7.5 ECTS
- Practical training in clinical facilities forms more than 40% of the total time of instruction. Practical training sessions can be passed in foreign countries.

MIDWIFE

The qualification of the midwife provides the graduate with competence to practice as a midwife as well as a general nurse. The midwife is an independent practitioner; the profession is regulated by EU directives.

The period of studies is 4.5 years. The scope of the curriculum is 270 ECTS including the following

- Midwifery/nursing subjects 82,5 ECTS (healthy human, family planning, sexual education, labour/delivery, breastfeeding, surgery, family nursing etc)
- Basic subjects 30 ECTS (anatomy, physiology, dietetics, pharmacology, etc)
- Social subjects 13.5 ECTS (psychology, pedagogy, public health, management etc)
- Supporting subjects 13.5 ECTS (Latin language, philosophy, research methods etc)
- Selective and elective subjects 7.5 ECTS
- Practical training 109.5 ECTS (conducted in various health care facilities)
- Diploma paper or final examination 12 ECTS

3a. First nursing qualification leading to RN registration

Certificate Diploma Degree Other

3.b Is your education according to the Bologna agreement?

Yes or No.

3c. If not explain:

3d. If your country has more than one system leading to RN registration please explain.

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4. In how many educational qualifications are nurses trained in your country?

Additional nurse-specialist education.

5. Body awarding RN licence/registration:

School of Nursing

University / Higher Education

Regulatory Body
Other

Government

6. Please state number or give an estimate if there is not a registration, of nurses in your country with a doctoral degree/PhD and Professorial Chair:

> 50;

between 50-100;

> 100.

- 0

7. How many articles concerning nursing research are published?

No datas

8a. How many journals are there in your country?

One journal, but not peer reviewed.

8b. Are they in an international database?

No

8c. Can you give an estimate of the number of quotations?

6000 copies

9a. Is that journal(s) peer reviewed?

Yes

No

9b. If "Yes", are there abstracts in English available?

Yes

No

9c If "Yes", please detail name of journal and details of where/how it can be obtained.

RESEARCH EDUCATION

10. Research appreciation is included in:

Basic Nurse Education

Post Basic Education

11a. Do universities in your country provide Masters research degrees in nursing?

Yes

No

11b. Do universities in your country provide Doctoral research degrees in nursing?

Yes

No

11c. In what year PhD in nursing started in your country?

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12a. What nurses in your country have research access to library resources? Tick all relevant.

All nurses

Majority of nurses

Nurses in education

12b. How easy is it to access to articles? Is there a contract with university of government? Please explain

Access to the nursing research article is quite poor. Some of organizations (university, health care colleges, hospitals) have access to the databases. The licenses are very expensive.

FUNDING

13a. Funding specifically for nursing is:

- common practice;

- alone or in research groups
 - or with other multiprofessional groups?

13b. Funding is provided specifically for nursing research by: Tick all relevant.

Government Hospitals Organisations

Pharmaceutical companies Charities
Other

NNA Local/National Nursing Boards

14. Give an estimate of the amount of money what is the highest grant for nurses?

About 1000 €. Really hard to say.

RESEARCH STRATEGIES

15a. Does your country have a National Nursing Research Strategy of strategy for healthcare?

Yes No

<http://www.med.ut.ee/orb.aw/class=file/action=preview/id=296281/AROT+UT+strateegia.pdf>
(only in Estonian)

15b. If "Yes", please state the name of the strategy and details of where/how it can be obtained.

We started to compose a new national strategy in nursing 2011-2020. Nursing research will include and the national action plan will be ready on 2011.

Existing strategy divided into 4 areas: practice, management, education and research.
Shortly there are next topics:

- Patient-/client-centered nursing care
- Patients'/clients' needs, expectations and satisfaction
- Patient/client education
- Nursing documentation and recording of nursing care
- Nursing care quality assurance
- Sustainability of nursing care and assessment of nursing care availability
- Quality of human resources and (optimal) nursing care intensity
- Empowerment of nurses
- Work culture and work environment of nurses
- Quality of nursing education

16a. Is national nursing research visible in national healthcare?

Yes

No

Somehow

16b. If "Yes", please detail where information can be sourced, f.e. websites:

THANK YOU VERY MUCH FOR YOUR TIME AND COOPERATION